



Is My Baby OK?

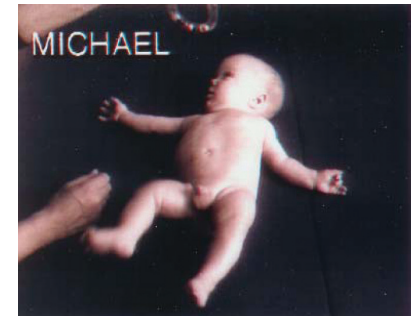
A Comparison Examination of Two 6 Month Old Infants

Typical

Atypical

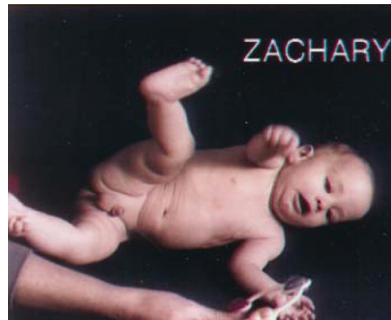
SUPINE (Lying on back face up)

- Visually tracks an item from side to side
- Can hold head in the middle
- Reaches and grasps objects
- Lifts arms, legs and bottom off the ground



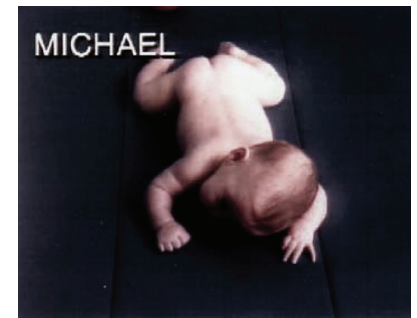
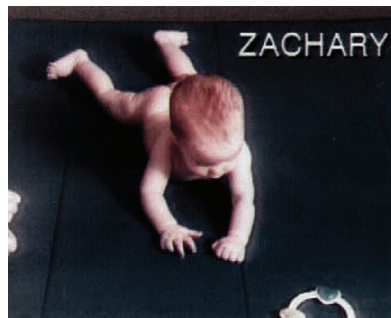
LYING ON SIDE

- Holds head in the middle
- Moves arms toward the middle of the body
- Muscles are active, not floppy
- Shifts weight from side to side



PRONE (Lying face down on tummy)

- Supports on extended arms
- Lifts head and trunk up
- Reaches for an object placed in front
- Extends hips
- Shifts weight from side to side



PULL TO SIT

- Lifts head when pulled to sit
- Shoulders are stable
- Active tummy muscles



*These guidelines represent the movement expectations of a six month old.

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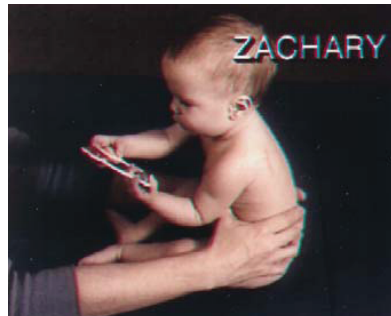
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Typical

Atypical

SITTING

- Keeps head in the middle
- Actively leans forward
- Reaches for and grasps items
- Straight back - no rounding



STANDING

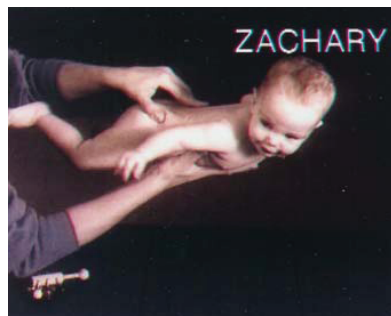
- Shoulders in line with hips
- Free movement of arms
- Extends hips
- Moves legs, bends knees
- Bears body weight with feet flat on the floor



HORIZONTAL SUSPENSION

(Held level in air)

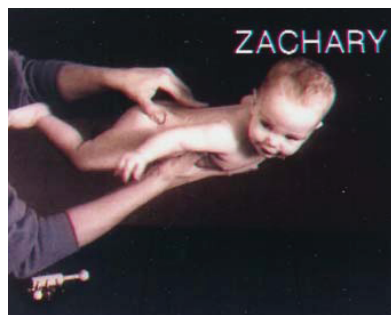
- Holds arms, legs and head in a straight line
- Maintains trunk extension while moving arms and legs in all directions



PROTECTIVE EXTENSION

(Defensive response)

- Keeps head centered between shoulders
- As baby is lowered head first, the arms extend out in front for protection



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