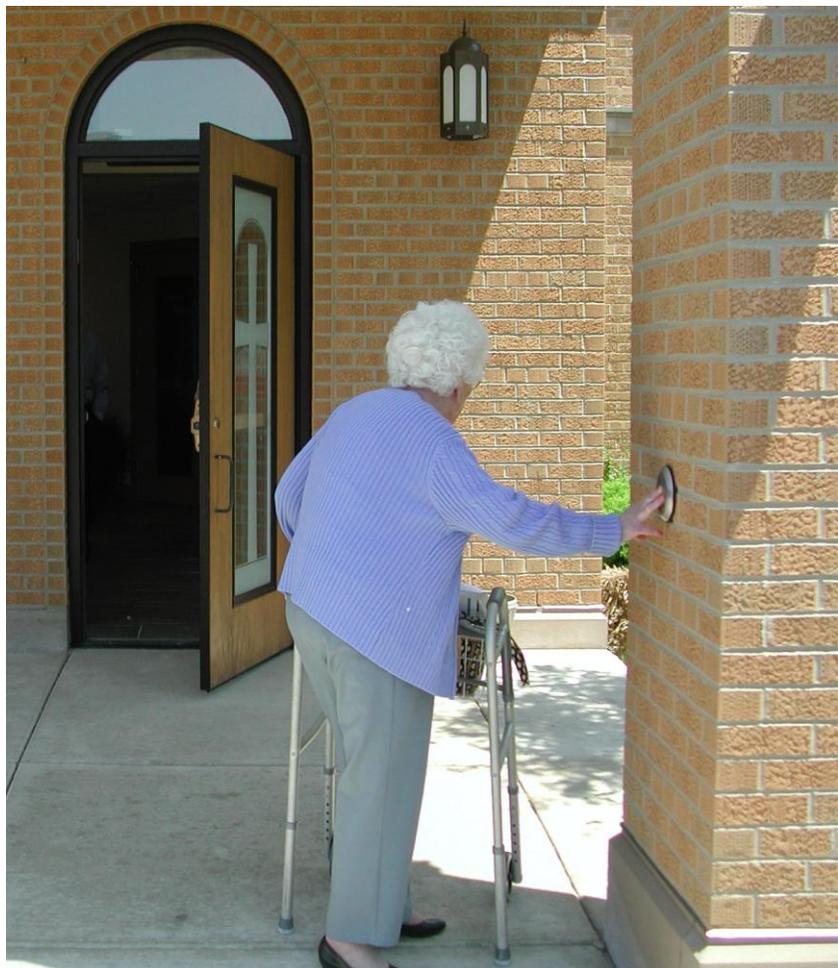
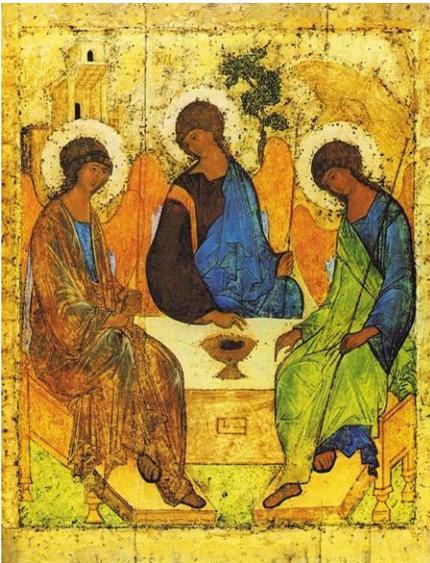

INCLUSION AWARENESS DAY WORKBOOK

*Renewing Our Commitment to Welcoming Worshippers
of All Abilities as Active Participants*

Episcopal Edition



LOOK INSIDE FOR

- Liturgy Planning Materials
- Children's Activities
- Accessibility Survey

A LETTER FROM PATHWAYS.ORG



Dear Religious Leader:

Pathways.org inaugurated the *Inclusion in Worship* ministry in 1996 to raise awareness to the need for houses of faith to provide accommodations so that worshippers with disabilities can actively participate in their community of faith.

An integral part of the *Inclusion in Worship* ministry is the annual celebration of Inclusion Awareness Day. We invite Episcopal parishes to renew their commitment to welcoming worshippers of all abilities into ministry, fellowship and leadership roles by observing Inclusion Awareness Day during the month of October. The Inclusion Awareness Day Workbook of liturgy planning aides is provided to encourage your participation.

Please join us in celebrating Inclusion Awareness Day. Our faith communities are strengthened when we come together to meet the needs of our members so that parishioners of all abilities can share their gifts at the altar.

Sincerely,

A handwritten signature in black ink that reads "Shirley W. Ryan".

Shirley W. Ryan
Chairman

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On the Cover: Inclusion Awareness Day Prayer Card available at www.InclusionInWorship.org, Inclusion Awareness Day paper doll activity on p. 18, an automatic door opener welcomes a parishioner to participate.

INCLUSION AWARENESS DAY ACTIVITIES

Listed below are ideas for your Inclusion Awareness Day event. Use the materials in this workbook to plan your parish celebration.

- With the approval of your pastor, designate a weekend in October as **Inclusion Awareness Day**.
- Nominate your parish for a **\$1,000 Open Hearts Award or Junior Open Hearts Award** (for children) grant for an access project. Deadline is August 1 each year. Nomination forms are at www.pathways.org.
- **Plan liturgies** that focus on the gospel message of inclusion. Use the liturgy guide in this workbook. Ask celebrants to preach about **St. Samuel Schereschewsky** as an example of how parishioners with disabilities contribute to our faith communities.
- Plan an **Inclusion Awareness Day reception** after masses with children's activities that communicate welcome and inclusion for all. See *I Am "Thumb" Body* and the paper doll activity in this workbook. Invite your youth group to assist.
- Place **articles in your bulletin** about Inclusion Awareness Day such as *How You Can Make a Difference* and quotes from *The Vulnerable Journey* by Father Henri Nouwen in this workbook.
- Send out a **press release** to local media outlets to publicize your Inclusion Awareness Day events. See sample press release in this workbook.

INCLUSION AWARENESS DAY PRAYER CARD

A PDF of the Inclusion Awareness Day prayer card is available at www.pathways.org. Download, print the prayer card at your local office supply store, on card stock, double sided and have the cards cut apart. Distribute the prayer cards to worshippers on Inclusion Awareness Day.

INCLUSION AWARENESS DAY LITURGY

The Feast of St. Samuel Isaac Schereschewsky: A Liturgical Celebration for Inclusion Awareness Day

Acknowledgements

Parts of this liturgy are adapted from *Enriching our Worship*, the supplemental liturgical materials authorized for use in the Episcopal Church by the 72nd General Convention. *The Litany for Wholeness* was written by Kate Chipps and adapted by Ginny Thornburgh from *That All May Worship*, National Organization for Disability, 1997, p. 14. Other sections of the Eucharistic Prayer were adapted from Carter Heyward's *Our Passion for Justice: Images of Power, Sexuality, and Liberation* (New York: Pilgrim Press, 1984), cited in *The Disabled God* by Nancy Eiesland (Nashville: Abingdon Press, 1994); and from Horton Davies' *Bread of Life and Cup of Joy* (Grand Rapids: William Eerdman, 1993).

As stated in *Enriching Our Worship II* (p. 9). "The primary purpose of these materials has been to provide texts using inclusive and expansive language, that is, language which expands the images used to speak and pray to God, and language in which all worshipers find themselves, and their religious experience of God as revealed in Christ, more completely."

This particular liturgy, in recognition of Disabilities Awareness Month, seeks to expand the language of worship to speak specifically to those with disabilities.

Our thanks to Reverend Deborah Seles who compiled the liturgy materials for a celebration of Inclusion Awareness Day at St. Christopher parish, Oak Park Illinois. This liturgy aide was created for a celebration of the feast of St. Samuel Schereschewsky, transferred to a Sunday in October, with permission.



Collect for Samuel Isaac Schereschewsky

O God, in your providence you called Samuel Isaac Schereschewsky from his home in Eastern Europe to the ministry of this Church, and sent him as a missionary to China, upholding him in his infirmity, that he might translate the Holy Scriptures into languages of that land. Lead us, we pray, to commit our lives and talents to you, in the confidence that when you give your servants any work to do, you also supply the strength to do it; through Jesus Christ your Lord, who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen

Holy Eucharist: Rite 1

**Although an asterisk indicates where the people stand, please assume any comfortable posture. Kneel, sit, or stand as you are able.*

*The Opening Acclamation The Book of Common Prayer, p.323

Celebrant: Blessed Be God: Father, Son and Holy Spirit.

People: **And blessed be his kingdom, now and forever.
Amen.**

*The Collect for Purity	p.323
*The Gloria in excelsis	p.324
*the Collect for Joseph Schereschewsky (printed on page 4)	
The First Lesson	Job 7: 1-4
Psalm 116:10-17 (read responsively by whole verse)	p.759
The Second Lesson	2 Corinthians 4:11-18
The Holy Gospel	Luke 24: 44-48
The Sermon	Deacon Seles
*The Nicene Creed	p.326
The Prayers of the People (all kneeling)	p.328
The Confession of Sin	p.331
*The Peace	p.332
*The Offertory	p.332
*The Great Thanksgiving	Eucharistic Prayer I, p.333
*The <i>Sursum Corda</i>	p.333
(The Celebrant continues with the Proper Preface of the Day.)	

*The Sanctus

(After the Sanctus, all kneel and the prayer continues on page 334.)

The Breaking of the Bread p.337

The General Thanksgiving p.339

*The Blessing and Dismissal p.339

The Holy Eucharist, Rite II

**Although an asterisk indicates where the people stand, please assume any comfortable posture. Kneel, sit, or stand as you are able.*

The Prelude

The Hymn in Procession #623 O Quanta Quelia
"O What Their Joy and Their Glory Must Be"

† The Word of God †

The Opening Acclamation:

Celebrant: Blessed be the one holy and living God.

People: **Glory to God for ever and ever.**

Gloria in excelsis

Robert Powell

Glory to God in the highest, and peace to his people on earth. Lord God Heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sins of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen

*The Collect for Samuel Schereschewsky

Celebrant: God be with you.

People: **And also with you**

Celebrant: Let us pray

(The Celebrant says the collect, printed on page 4.)

The Old Testament Reading

After the reading: Hear what the spirit is saying to God's people.

People: **Thanks be to God**

Psalm 116:10-17 (chanted by choir and congregation)

- 10 How shall I repay the Lord*
For all the good things he has done for me?
- 11 I will lift up the cup of salvation*
And call upon the Name of the Lord
- 12 I will fulfill my vows to the Lord*
In the presence of all his people.
- 13 Precious in the sight of the Lord*
Is the death of his servants.
- 14 O Lord, I am your servant,*
I am your servant and the child of your handmaiden;
You have freed me from my bonds.
- 15 I will offer you the sacrifice of thanksgiving.*
And call upon the Name of the Lord.
- 16 I will fulfill my vows to the Lord*
In the presence of all his people,
- 17 In the courts of the Lord's house,*
In the midst of you, O Jerusalem.
Hallelujah!

*The Epistle 2 Corinthians 4: 11-18
After the reading: Hear what the Spirit is saying to God's people.
People: **Thanks be to God.**

The Gradual Verse and Alleluia (The cantor sings the verse, all sing the response.)

Cantor: Al-le-lu-ia

People: **Al-le-lu-ia, Al—le- lu ia.**

*The Holy Gospel

Luke 24: 44-48

Before the Gospel the People say:

Glory to you, Lord Christ.

After the Gospel People say:

Praise to you, Lord Christ.

The Sermon

*The Nicene Creed (Said by all.)

We believe in one God,
The Father, the Almighty,
Maker of heaven and earth,
Of all that is seen and unseen.

We believe in one Lord Jesus Christ,
The only son of God,
Eternally begotten of the Father
God from God, Light from Light,
True God from true God,
Begotten, not made,
Of one Being with the Father.
Through him all things were made.

For us and for our Salvation
He came down from heaven;
By the power of the Holy Spirit
He became incarnate from the Virgin Mary
And was made man.

For our sake he was crucified under Pontius Pilate;
He suffered death and was buried.
On the third day he rose again
In accordance with the Scriptures;
He ascended into heaven
And is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
And his kingdom will have no end.

We believe in the Holy Spirit, the lord, the giver of life,
With the father and the Son he is worshiped and glorified.

He was spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
And the life of the world to come. Amen

*The Prayers of the People: A Litany for Wholeness

Leader Let us pray for God's people.
For people who are blind and cannot, see and for those who can
see but are blind to people around them.

People **God, in your mercy help us to reach each other.**

Leader For people who move slowly because of accident, illness, or
disability; and for those who move too fast to be aware of the world
in which they live.

People **God, in your mercy help us to work together.**

Leader For people who are deaf and cannot hear, and for those who can
hear but who ignore the cries of others.

People **God, in your mercy help us to respond to each other.**

Leader For people who learn slowly, for people who learn in different ways,
and for people who learn quickly and easily but often choose
ignorance.

People **God, in your mercy help us to grow in your Wisdom.**

Leader For people who have chronic illness for which there is no known
cure or relief, and for people who live in unholy fear of developing a
chronic illness.

People **God, in your mercy help us and heal us.**

Leader For families, friends and caregivers who serve people with
disabilities, and for those who feel awkward in their presence.

People **God, in your mercy help us to see each other with your eyes.**

Leader For people who think they are worthless and beyond your love, and
for people who think they don't need your love.

People **God in your mercy help us accept your love.**

Leader For people who feel isolated by their disabilities, and for people who contribute to that sense of isolation.

People **God in your mercy change our lives.**

Leader For all the people in your creation, that we may learn to respect each other and learn how to live together in your peace.

People **God, in your mercy bind us together.**

Celebrant Let us pray,

Gracious God, accept the fervent prayers of your people; in the multitude of your mercies look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and forever.

All **Amen**

The Confession of Sin

Deacon Let us confess our sins to God.

Silence

Celebrant and People

God of Mercy,

We confess that we have sinned against you,

Opposing your will in our lives.

We have denied your goodness in each other,

In ourselves, and in the world you have created.

We repent of the evil that enslaves us,

The evil we have done,

And the evil done on our behalf.

Forgive, restore, and strengthen us

Through our Savior Jesus Christ,

That we may abide in your love

And serve only your will, Amen

The Absolution

Celebrant

Christ, be present among your people now, you who knew suffering, who showed compassion to all you met, who ate with sinners and tax collectors, the blind, the rich and the poor. Drive out from us all indifference to the needs of others. Drive out our fear of bodies that are weak, that look different, that do not function as they might. Drive out from us all thoughts and feelings that we might be superior, or that we might be less than others, or that we might be foolish, insignificant, repulsive, or sinful because of our disabilities. Fill us all with a sense of our own vulnerability, with kindness, and with the spirit of your unbounded hospitality as you invite all to the Feast. Move us to share that Feast as true sisters and brothers in faith, and may the God of love visit you in your times of trial and weakness, and raise you to newness of life, through Jesus Christ, in the power of the Holy Spirit. **Amen**

*The Peace

Celebrant The peace of the Lord be always with you.
People **And also with you.**

† The Holy Communion †

*The Offertory Hymn #632 Munich
"O Christ, the World Incarnate"
*The Great Thanksgiving Eucharistic Prayer A, p.361

Sursum Corda

Celebrant The Lord be with you
People **And also with you**

Celebrant Lift up your hearts
People **We lift them up to the Lord**

Celebrant Let us give thanks to the Lord our God
People **It is right to give him thanks and praise**

The Celebrant continues:

It is right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn, to proclaim the glory of your Name.

Holy, Holy, Holy (sung by choir and congregation)

Holy, Holy, Holy, Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest, Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest, Hosanna in the highest.

Celebrant

Wise and gracious God, Creator of all good things, Redeemer of this broken world, you who are present with your people, we pray to you.

We remember the truth about your fear, anger and grief, for you, too, were forsaken, ignored and despised, We pray to you, the source of love in the world, the beginning of justice in history, the origin of peace on earth. You lead your people out of bondage into freedom. You receive us into your Body and we are made complete. By your wounds we are healed.

O most Holy Spirit, who brought us together to imitate our brother Christ, unite us in one Body with him. Consecrate us and these gifts of human making. May they be for us, as we are for each other, the Body and Blood of Christ. Bless us to be the life-giving Blood of Christ to creation. Sanctify us to be his nourishing Body, so that the world may become wholly one with you.

Before Christ, who was Servant to the world, ascended to the cross, he sat down to table with those who would carry his invitation to all people. He

blessed the bread and broke it, giving it to them saying: “This is my Body which is given for you. Do this for the remembrance of me.”

After supper, he took the cup of wine, gave thanks, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Pilgrims in this world, we proclaim the mystery of our faith, that Christ reveals the way,

Celebrant and people

Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!

The Celebrant continues

Lord, God of our mothers and fathers, open our minds and our hearts to see your hand at work in the world around us, especially in each other. Let us approach each person as your own child, loved not because we are capable, but because we are completely dependent upon you. God of possibilities, help us to break away from the world’s definitions of wholeness and illness, for we are all born needy and we will all die. You gave us life everlasting and you restore us to your self. Make us one with Christ, one with each other and one in service to the world.

Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
all honor and glory is yours,
now and for ever. Amen

Celebrant

And now as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And

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forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power and the glory, forever and ever. Amen

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

The Fraction Anthem (sung by choir and congregation)

Be known to us, Lord Jesus, in the breaking of the bread. The Bread which we break, alleluia, is the communion of the body of Christ. One body are we, alleluia, for though many we share one bread.

Facing the people, the celebrant says the following invitation

The gifts of God for the People of God.

The people come forward to receive the Sacrament as they are able, either standing or kneeling at the Altar Rail. If you are unable to come forward, please notify an usher, and we will bring the Sacrament to you.

At the Communion

Hymn #440

“Blessed Jesus, at Thy Word”

Liebster Jesu

Hymn #304

“I Come with Joy to meet My Lord”

Land of Rest

The Postcommunion Prayer

Celebrant Let us pray.

Celebrant and the People

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming

love to the world and continue for ever in the risen life of Christ our Savior. Amen

The Blessing

The wisdom of God, the love of God and the Grace of God strengthen you to be Christ's hands and heart in this world, in the name of the Holy Trinity. **Amen**

*The Closing Hymn #539

“O Zion Haste, Thy Mission High Fulfilling”

Tidings

*The Dismissal

Celebrant Let us go forth into the world,
Rejoicing in the power of the Spirit.

People **Thanks be to God.**

The Postlude



INVOLVING CHILDREN IN INCLUSION AWARENESS SUNDAY

I AM 'THUMB' BODY ACTIVITY

Materials:

Large table	Black Thin Tipped Felt Markers
Large pieces of banner paper	Disposable wipes to clean thumbs
Stamp pads in various colors	

Spread the large sheets of banner paper on the table. Write "I Am Thumb Body" in the center of each banner in large letters. Invite children and adults to coat their thumbs/fingers lightly on the stamp pads and press their prints onto the large banner paper to make a head and a body. Use the markers to draw eyes, nose, mouth, hair, arms, legs, clothes etc. on your thumbprint portrait. Sign your name below your portrait. Clean off thumbs with wipes. When each paper is covered with thumbprint people, display the banner for all to see.

PAPER DOLL ACTIVITY

Materials:

Roll of banner art paper	Crayons
Paper dolls (pre-cut and punched)	
Yarn pieces (pre-cut)	

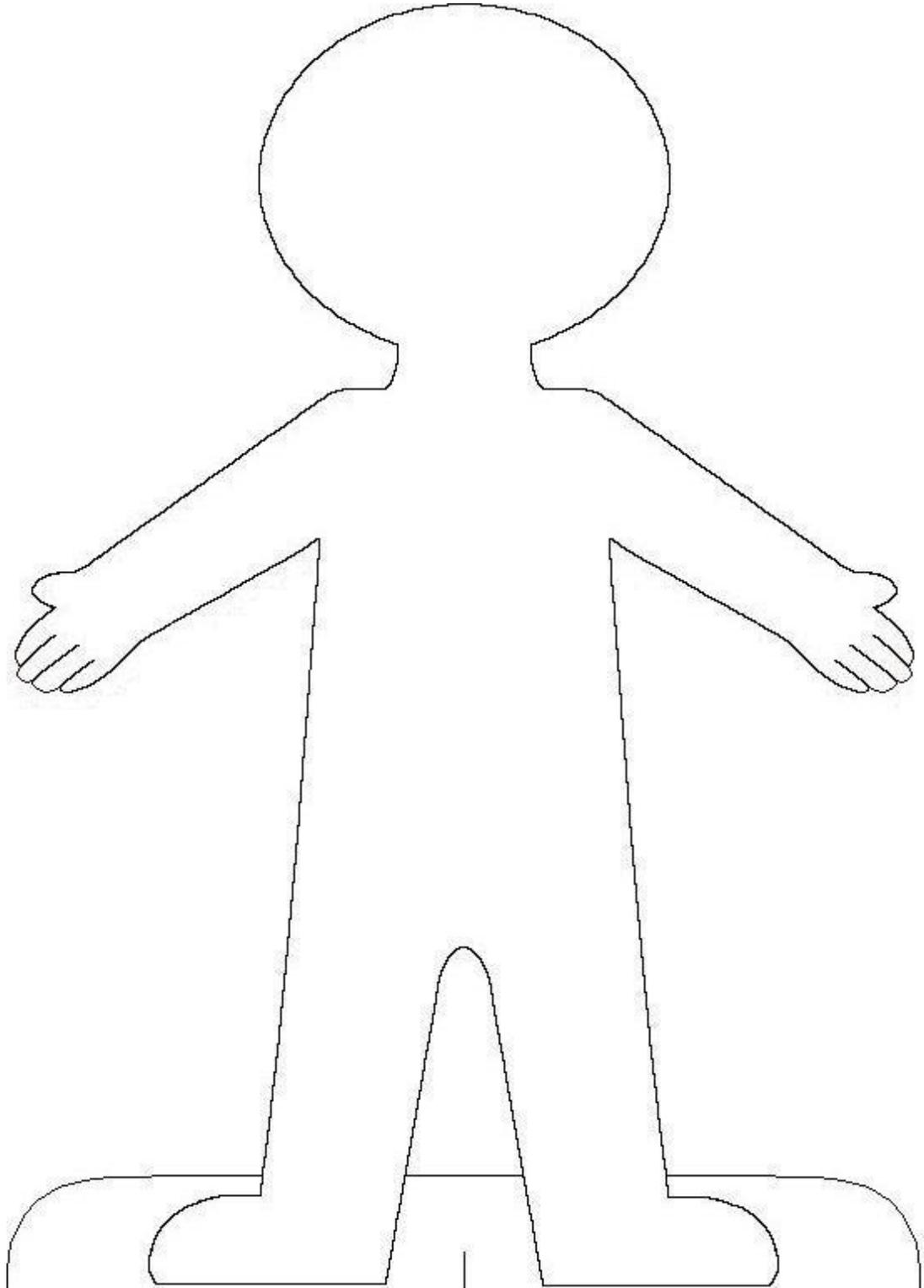
Set up tables with supplies. Invite children to decorate a pre-cut paper doll of themselves with crayons. String dolls together by inserting yarn into holes in hands of dolls and tying together. Write "We are All Different Yet All Alike in the Eyes of the Lord" in large letters on the banner paper. Attach the yarn joined dolls to the banner and display for all to see.

Directions for Cut Out Dolls for Paper Doll Activity

Materials:

Stiff card stock paper	Scissors
Ball point pens	Paper doll templates
Hole punch	Yarn

Trace paper doll outline onto white cardstock (template on next page) and cut out one paper doll for each child participating. Punch holes in hands of dolls. Cut lengths of yarn long enough to tie dolls together at the hands.



HOW YOU CAN MAKE A DIFFERENCE

There are many things that you, as an individual, can do to help people with disabilities feel welcome in your house of faith.

1. I will treat ALL people as PEOPLE FIRST – as I would like to be treated.
2. I will SPEAK DIRECTLY to the person with a disability, not only to the nearby family member, companion, interpreter, or the canine companion.
3. I will offer to SHAKE HANDS when introduced to a person with a disability. (Persons with limited hand use or who wear an artificial limb may shake hands. Shaking the left hand is okay, too.)
4. I will place myself at EYE LEVEL, in front, for easy conversation with a person in a wheelchair, with crutches, or with a walking frame.
5. I will OFFER ASSISTANCE AND WAIT until the offer is accepted. I will wait and then ask for instructions.
6. I will be PATIENT AND WAIT for the person with difficulty speaking, rather than speaking for the person. I may help by asking short questions that require short answers, a nod, or a shake of the head.
7. I will see the WHOLENESS OF SPIRIT beneath the surface of someone with a disability and overcome the tendency to turn away or ignore the person.
8. I will TREAT ADULTS with developmental disabilities AS ADULTS, not as children. I will use first names only when using the same familiarity for all persons.
9. I will get the attention of someone who is hearing-impaired by LIGHTLY TAPPING their elbow or shoulder, or by WAVING MY HAND. I will look directly at the person and speak clearly, slowly, and expressively to establish if the person can read my lips.
10. I will guide a person with visual impairments by GIVING VERBAL CLUES to steps, curbs, escalators or doors.

QUOTES FROM THE VULNERABLE JOURNEY

By Father Henri Nouwen

Father Henri Nouwen laid the spiritual foundation for the Pathways.org Inclusion in Worship ministry with his keynote address *The Vulnerable Journey* at the 1996 conference on inclusion.

“The great mystery of our faith is that we get closest to God when we are willing to be vulnerable, when we are willing to say, ‘I need somebody else’.”

*Father Henri Nouwen
The Vulnerable Journey*

“I suddenly realized that it was not in strength and power that God was coming to me, but in weakness.”

*Father Henri Nouwen
The Vulnerable Journey*

“One of the great gifts of people with visible disabilities is that they help those of us with invisible disabilities to get in touch with them.”

*Father Henri Nouwen
The Vulnerable Journey*

“You have to rediscover that the church is a fellowship of the weak, that the church is a place where God shows his unconditional love through poverty, the poverty of Jesus and the poverty of the followers of Jesus, and that the most poor and the most weak belong right in the center, right in the heart.”

*Father Henri Nouwen
The Vulnerable Journey*

The Vulnerable Journey by Father Henri Nouwen is available from Pathways.org in DVD and CD format. Call 1-800-955-2445 or order online at www.InclusionInWorship.org.

PRESS RELEASE

Use this sample press release to publicize your congregation's Inclusion Awareness Sunday celebration. Fill in your congregation's information and send the press release to the religion editor of your neighborhood newspaper several days before your event. Follow up with a call to see if the paper will cover Inclusion Awareness Day at your parish.

For Immediate Release
(Date)

Contact:
(Your name)
(Your phone and email)

Chicago Area Parishes Celebrate Inclusion Awareness Sunday

(Your town), Illinois – On ____ (insert date and parish) ____ will join other faith traditions in Chicago in observing Inclusion Awareness Sunday. Inclusion Awareness Sunday is an integral part of the Pathways.org *Inclusion in Worship* ministry which raises awareness to the need for accommodations so that people of all abilities can participate in worship and ministries at their house of faith.

____ (Insert name of parish) ____ welcomes those with disabilities every Sunday and seeks to enable their full participation in the life of the church. By observing Inclusion Awareness Sunday we hope to further educate parishioners about the needs of people with disabilities in our midst, as well as to recognize the tremendous value that they add to our community.

(Name and address of your parish) will (list your events, e.g.: have a special liturgy, bless new accessible features, etc.) to celebrate our commitment to welcoming worshippers of all abilities as active participants.

(Insert the name and title of your religious leader and a quote, e.g. "In the past year our parish has made a conscious effort to make our facilities accessible. We are delighted that we can open our doors to all.").

For more information about Inclusion Awareness Sunday visit www.InclusionInWorship.org, call Pathways.org at 1-800-955-445 or email friends@pathways.org.

ABOUT INCLUSION IN WORSHIP

The Inclusion Awareness Day Workbook is a publication of Pathways.org, a Chicago based non-profit organization dedicated to raising awareness about the benefit of early detection and early therapy for children with physical movement differences. The Inclusion in Worship ministry is a national, interreligious ministry that provides information and educational materials to congregations of all faith traditions about welcoming worshippers with disabilities into full participation in our houses of faith.

Pathways.org RESOURCES:

- www.InclusionInWorship.org website
- Open Hearts and Junior Open Hearts Awards (for children) offer cash grants of up to \$1,000 for congregational inclusion efforts. Annual deadline for applications is August 1st. Grants are announced on Inclusion Awareness Day. Nomination forms and guidelines are available at www.InclusionInWorship.org.
- Inclusion Awareness Day
- Inclusion Representative Program
- DVDs and print materials promoting access and inclusion in worship.

FREE ONLINE RESOURCES AT www.InclusionInWorship.org:

- *Different Gifts, But the Same Spirit* Lesson Plans
- Inclusion Awareness Day Workbook for Eastern Orthodox parishes
- Inclusion Awareness Day Workbooks for Roman Catholic parishes
- Inclusion Shabbat Workbook for Jewish congregations
- Inclusion Awareness Day Workbook for Episcopal parishes
- Inclusion Awareness Day Workbook for Protestant congregations
- Tips about how to welcome worshippers of all abilities in your house of faith.

For more information about our sister organizations, Pathways Awareness and Pathways Center, visit our website at:

www.Pathways.org