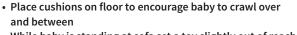
Tips for Baby Development

- Help baby's motor development by engaging in Tummy Time every day
- MONTHS Give baby plenty of cuddle time and body massages
 - Encourage baby's responses by presenting objects with bright colors and faces
 - Talk to baby every day to show that language is used to communicate
 - Encourage baby to practice Tummy Time, roll over, and reach for objects while playing
 - Offer toys that allow two-handed exploration and play
 - · Talk to baby to encourage language development, baby may begin to babble
 - Communicate with baby; imitate baby's noises and praise them when they imitate yours
 - Place toys in front of baby to encourage movement
- 7-9 Play cause and effect games like peek-a-boo MONTHS
 - Name and describe objects for baby during everyday activities
 - Introduce "junior" and soft foods around 8 months



- While baby is standing at sofa set a toy slightly out of reach to encourage walking using furniture as support
- Use picture books to work on communication and bonding
- Encourage two-way communication by responding to baby's giggles and coos

· Provide push and pull toys for baby to use as they learn how to walk Encourage baby to stack blocks and then knock them down

MONTHS Establish consistency with routines like mealtimes and bedtimes

- Sing, play music for, and read to your child regularly
- Ask your child questions to help stimulate decision making process



About Pathways.org

The mission of Pathways.org, since 1985, is to empower parents and health professionals with FREE tools and resources to maximize a child's motor, sensory, and communication development. The Pathways.org Medical Roundtable is instrumental in achieving this mission through strategic and supportive direction.

Pathways.org Medical Roundtable **Co-Chairmen**

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FREE tools to maximize child development

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13 - 15

10-12

MONTHS

BIRTH-3

4-6

MONTHS

