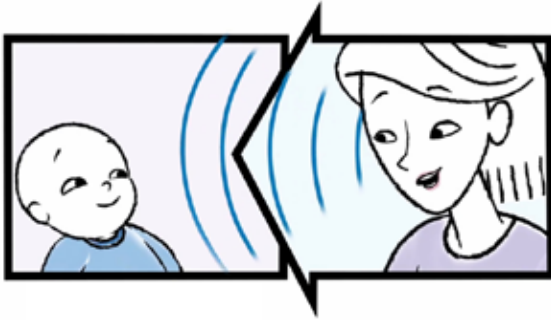
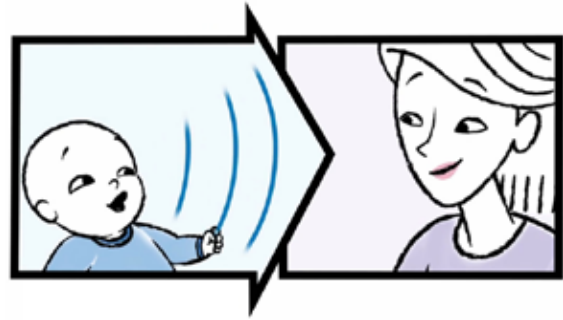


Crying Cooing Communication: Baby's First Year

Communication is made up of two parts:
receptive skills and expressive skills



Receptive skills are what babies take in
– hearing and understanding



Expressive skills are what babies put out
– sounds, gestures, and speech

Talking, playing, and reading to your baby
helps build communication skills. Be sure to:

- Describe to your baby what you are doing
- Talk in a slow, sing-song voice
- Point out objects while you talk
- Respond to and imitate your baby's sounds
- Describe pictures while you read together
- Uses body language and gestures

Important Communication Milestones

3 Months

- Makes eye contact
- Turns head towards sound or voice
- Quiets or smiles in response to your voice
- Cries differently for different needs (e.g. "da, da, da")
- Shows interest in faces

6 Months

- Babbles like "bababa" and "wawawa"
- Uses babbling to get attention
- Enjoys games like peek-a-boo
- Fears loud and unexpected noises

9 Months

- Adds new sounds when babbling
- Looks at people and familiar objects when named
- Uses body language and gestures

12 Months

- Uses "mama" or "dada" to call mom or dad
- Makes sounds back and forth with others
- Responds to simple directions
- Pays attention to where you are looking and pointing
- Says their first one or two words

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