

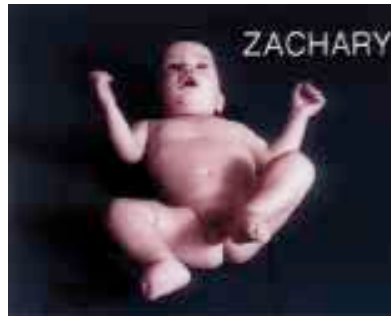
# Is My Baby OK?

## Typical

## Atypical

### SUPINE

- Visual Tracking of 180°
- Head in Midline
- Reach and Grasp
- Anti-gravity Movement
- Pelvic Lifting



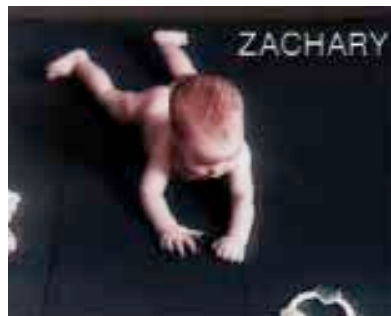
### LYING ON SIDE

- Head in Midline
- Arms in Midline
- Muscle Balance
- Muscle Activation
- Weight Shifting
- Lateral Righting



### PRONE

- Head and Trunk Lifting
- Forward Reach
- Strong Hip Extension
- Lateral Weight Shift



### PULL TO SIT

- Leads with Head
- Forward Flexion of Head
- Shoulder Stability
- Abdominal Activity



\*These guidelines represent the movement expectations of a six month old.

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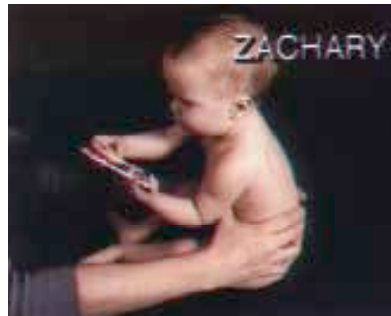
# Is My Baby OK?

## Typical

## Atypical

### SITTING

- Head in Midline
- Actively Leans Forward
- Reach and Grasp
- Good Back Extension



### STANDING

- Postural Alignment
- Free Movement of Arms
- Hip Extension
- Leg Mobility
- Weight Bearing on Flat Feet



### HORIZONTAL SUSPENSION

- Anti-Gravity Movements
- Anti-Gravity Extensions
- Variety of Upper and Lower Extremity Movements



### PROTECTIVE EXTENSION

- Head in Midline
- Forward Movement of Arms
- Anti-Gravity Alignment



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