

Baby Proofing for Travel Checklist


A FREE checklist from



Preparing for a stay at a hotel, vacation rental or relative's house with Baby? Refer to this list of areas and items to consider baby proofing to ensure your little one's safety during your visit!

 = Parent Hack

Ask your hotel/host if they can provide a crib or bring your own travel crib/bassinet

 Many hotels have cribs available on request for free or to rent, but availability is not guaranteed. Be sure to ask when you reserve your room.

Block off stairs, open fireplaces and other off-limits areas that don't have doors

 Bring a baby gate or block with heavy furniture.

Cover exposed electrical outlets on walls and power strips

 Use painter's tape or band aids.


Cushion sharp corners on baseboards, tables and other furniture

 Use pillows/blankets to cover sharp baseboards.

 For tables, you can DIY baby bumpers using cut-up pool noodles and tape.

Hide TV remotes and other battery-powered items from Baby

Look out for slippery floors

 Wipe down bathroom floors after showers/bath time so Baby doesn't slip.

 If Baby wears socks, remove them before letting them walk on floors without carpeting.

Pack a baby bath mat and/or baby bath seat if you plan to bathe Baby

Protect hard-to-clean floors from Baby's messes

 Bring an old sheet or disposable tablecloth to cover carpeted areas where Baby will be playing or eating so you don't have to worry about stains.

Remove cleaning products and other chemicals from Baby's reach

Scan for and put away any potential choking hazards

Secure low cabinets and drawers

 Use painter's tape or rubber bands/hair ties.

Tape up/bind loose cords from electronics or blinds

 Use painter's tape or twist ties.

Unplug appliances when not in use and remove cords from Baby's reach